

**PENN PSYCHIATRY**

**MOVING FORWARD TOGETHER | RESURGENCE AND ANTI-RACISM**

**MARCH 3, 2021**



**MESSAGE FROM THE CHAIR**

Dear Faculty, Staff and Trainees,

I would like to thank the Task Force on Anti-Racism led by Clay Watson for all of their hard work and their excellent ideas. On Monday, Clay presented a set of prioritized action items for the department to the Executive Cabinet. We were impressed. I wanted to jump right on it since I am well aware of the frustration some of you feel about how long the process is taking. So today at the faculty meeting I presented Clay's slides with the "asks" and the departmental response below in light green. Slides are attached. Briefly, the plan is to integrate the suggestions into existing workflows in the department so that they become part of how the department functions going forward. I have asked several leaders to "own" different aspects of the recommendations which they have accepted with gusto. While as usual, we need to operate within the confines of the University, PSOM and CPUP, we can do a lot! And of course, this is a marathon and not a sprint, but we are on our way!

I also want to thank you for all that you do every day. We do such important work taking care of patients, investigating causes and cures of mental illness and educating the next generation and your work is absolutely essential. So please, take care of yourself. Make sure you take vacation even if it is a staycation. "Unplugging" from work for a week or two can be very restorative. Also, routines help us stay strong so please keep to your eating, sleeping and exercise routines. Finally, try to find things that you are grateful for. I know it helps me to

remember how lucky I am to work in this fantastic department with all of you.

Warmly,  
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#### **VOLUNTEERS NEEDED**



UPHS has an immediate need for our third and largest vaccination clinic (1,500 vaccinations). We are hoping to fill ASAP. Here is the link to direct people to for 3/6 and 4/3 at School of the Future. Click [here](#) to sign up!

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#### **WELLNESS RESOURCES**

Click [here](#) to access our Wellness Resources.

During these uncertain times, help is available through [PennCOBALT](#) and [PennMedicineTogether](#).

#### **THANK YOU FOR YOUR SERVICE.**

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#### **Vision**

Promoting health for the brain and mind to transform lives and the world.

#### **Mission**

Penn Psychiatry develops and implements new ideas to understand, prevent, and treat disorders of the brain and mind, through innovative research and discoveries, outstanding educational, world renowned clinical services, and transformational public health policies.

Click [here](#) to access the Penn Psychiatry website.

Click [here](#) to access the CPUP Committee on Anti-Racism

